



# WINTER SESSION 2022 VIRTUAL SCHOOL SCHEDULE

JANUARY 15 - FEBRUARY 28, 2023

UPDATED 1/4

REGISTER ONLINE AT [CITYINMOTION.org](http://CITYINMOTION.org)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
9:00						
9:30					<b>Stretch &amp; Strength</b> All ages 9:30-10:30 am Lillian	
10:00						
10:30						
11:30						
4:30						
5:00						
5:30						
6:00		<b>Teen/Adult Beginner Hip Hop</b> (ages 14+) 6-7 pm Teela	<b>Intermediate Ballet Barre</b> (ages 14+) 6-7 pm AJ	<b>Beginning Ballet Barre</b> (ages 14+) 6:30-7:30 pm Lillian		
6:30						
7:00						
7:30		<b>Mixed Fit</b> (ages 13+) 7:15-8:15 pm Teela	<b>Modern Floorwork</b> (ages 14+) 7:15-8:15 pm AJ			
8:00						
8:30						